	Name:		day 1	day 2	day 3	day 4	day 5	day 6	day 7	day 8	day 9	day 10	day 11	day 12	day 13	day 14
		date:														
AM	temperature															
	BP	if you can't measure your blood pressure- do you feel faint on standing: Y/N														
	PR	heart beats per minute														
	RR	breaths per minute														
	wellness	how are you feeling on a scale out of 10? (1 well, 10 very unwell)														
	cough scale	rare = 1 regular = 2 frequent coughing fits = 3														
	shortness of breath	do you feel out of breath? Y/N														
PM	temperature															
	BP															
	PR															
	RR															
	wellness	how are you feeling on a scale out of 10? (1 well, 10 very unwell)														
	cough scale	rare = 1 regular = 2 frequent coughing fits = 3														
	shortness of breath	do you feel out of breath? Y/N														